

# ikiGaia

## PURPOSE SUMMIT

24. - 27. August 2023



Survival Guide 2023

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# ikiGaia

## PURPOSE SUMMIT



Click [here](#) to join the ikiGaia Telegram Community



Contact via email :  
LuNiPriSe@ikiGaia.quest



Click [here](#) to join the ikiGaia Telegram Orga Channel



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## Important Links

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**The story of ikiGaia**

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**ikiGaia aims to bridge spirituality, technology, and economics for a transformative experience to bring ikigai into our normal lives.**

**WTF is ikiGaia?**

Chapter 0



**Gaia** is a concept that represents the interconnectedness and interdependence of all living beings on Earth, emphasising the importance of ecological balance and harmony.

**WTF is ikiGaia?**

Chapter 0



## Why create a summit?

Chapter 1



**The ikiGaia Purpose Summit is an event exploring ways to achieve personal fulfilment whilst connecting with others.**

***Oh ...and did we mention CELEBRATING?***

The purpose of this year's event is to explore the concept of "ikigai" and lay the groundwork for a larger event next year.

Awakening your Ikigai (Japanese for "life purpose") can lead to a greater sense of fulfillment and happiness. Your Ikigai resides at the intersection of multiple factors in your life. These four components are essential to the Japanese concept of Ikigai.

In the spirit of Burning man there are NO spectators. This is a CO-CREATION event to keep it real, engaging, fulfilling and cheaper.

The event is based on modified Burning Man principles, aiming to bring about creative change in the "real world" after the festival.

**Why create a summit?**

Chapter 1



## The 10 principles

Chapter 2





Principle #1

## **MINDFUL INCLUSION**

ikiGaia is a celebration and a journey of personal growth. We warmly welcome everyone willing to work on aligning their reality with their ikigai. We stand against discrimination and strive to foster an inclusive culture, valuing diverse perspectives.

In our 'permission space,' feel free to express yourself, ignite conversations, and nurture personal and community evolution. Join us in this mindful adventure of inclusion, transformation, and shared purpose.

**The 10 principles**

Chapter 2



## Principle #2

### **PURPOSEFUL DECOMMODIFICATION**

At ikiGaia, we prioritize shared purpose over commerce. No exploitation or internal monetary transactions exist here; everyone buys a ticket and contributes equally. We shun harmful branding, fostering a community centered around collective identity and purpose. We encourage contributions that align with our ethos, celebrating entities like B Corps and purpose companies.

Embrace this unique space where meaningful human connection and shared goals are valued over financial gain.

## **The 10 principles**

### **Chapter 2**



### Principle #3

## **RADICAL SELF-RELIANCE**

ikiGaia encourages individuals to take personal responsibility for their own survival and happiness.

This principle isn't just about physical self-sufficiency but also about fortifying your inner boundaries, promoting emotional resilience, and trust. By securing your inner wellbeing, you build trust with yourself and, in turn, with the community. Embark on this journey of self-reliance, fostering personal growth and a deeper sense of interconnectedness within our collective.

## **The 10 principles**

### Chapter 2



#### Principle #4

### **RADICAL SELF-EXPRESSION**

At ikiGaia, we invite you to express your most authentic self in a respectful and considerate manner. It's a platform to explore your outer boundaries and experiment with areas that may trigger insecurities. We encourage you to check your privileges at the door and challenge your comfort zones in a supportive environment.

Unleash your creativity, share your unique perspectives, and grow through radical self-expression. Our collective tapestry is made richer by each individual thread. Be bold, be you.

## **The 10 principles**

### **Chapter 2**



## Principle #5

### **PARTICIPATION**

ikiGaia thrives on the active engagement of its community. We promote a culture of 'each-one-teach-one,' encouraging knowledge sharing and mutual learning. This is not a place for spectators but a space for doers, learners, and dreamers. We urge you to support and uplift the talents around you and facilitate paths to self-realization. Everyone brings something unique to our community, and through active participation, we collectively shape the ikiGaia experience.

Join us and contribute your part to this co-created tapestry of shared purpose and joy.

## **The 10 principles**

### **Chapter 2**



## Principle #6

### **GIFTING EUCONOMY**

ikiGaia begins with an unreserved culture of gifting - everything freely given, no money, no barter. But our shared journey doesn't stop there. Together, we aim to transform this culture into a 'Euconomy,' with 'eu' signifying 'good.' We envision a transformation of resource management, creating a more sustainable and inclusive system. Our collective ambition is to foster equality and facilitate solidarity, while simultaneously supporting individualism. The Euconomy we envisage will allow playful competition, inspiring creativity and collective growth. Join us in shaping this transformative Euconomy, as we convert the joy of giving into a sustainable tool for societal evolution.

## **The 10 principles**

### **Chapter 2**



## Principle #7

### **CIVIC RESPONSIBILITY**

At ikiGaia, we recognize the importance of upholding the values of a civil society. Organizers prioritize public welfare and strive to ensure a safe, respectful, and inclusive environment for all. We actively communicate the civic responsibilities of participants, underlining the importance of respect and consideration for others. Adherence to local, state, and federal laws is not just expected, but demanded. We encourage all participants to take responsibility for their conduct during the event, contributing to the positive impact of our gathering. Together, let's create an experience that respects our collective responsibilities and the rules of our wider community.

## **The 10 principles**

### **Chapter 2**



## Principle #8

### **COMMUNAL EFFORT**

At ikiGaia, we recognize the importance of upholding the values of a civil society. Organizers prioritize public welfare and strive to ensure a safe, respectful, and inclusive environment for all. We actively communicate the civic responsibilities of participants, underlining the importance of respect and consideration for others. Adherence to local, state, and federal laws is not just expected, but demanded. We encourage all participants to take responsibility for their conduct during the event, contributing to the positive impact of our gathering. Together, let's create an experience that respects our collective responsibilities and the rules of our wider community.

## **The 10 principles**

### **Chapter 2**





## Principle #9

### LEAVING NO TRACE

"Leave No Trace" is a principle that originated from Burning Man and emphasizes the importance of minimizing our impact on the environment. It means leaving the spaces we inhabit, both during and after the event, as clean and pristine as we found them. At ikiGaia, we embrace this principle and go beyond, fostering a culture of sustainability. We practice conscious hedonism, minimize waste through a circle economy mindset, and promote awareness of our environmental footprint. By buying locally, reducing packaging, and reusing materials, we actively contribute to a more sustainable future. Let's revel in the moment while leaving behind a positive and ecologically conscious legacy.

## The 10 principles

### Chapter 2



Principle #10

## IMMEDIACY

Immediacy at ikiGaia invites us to stay fully present in the moment, embracing the power of authenticity and genuine connections. It encourages us to open our hearts and souls, allowing ourselves to be vulnerable and receptive to the experiences unfolding around us. By immersing ourselves in the present, we can tap into our inner flow, finding a state of harmony and connection. Let's embrace the transformative power of immediacy, staying true to ourselves, and unlocking the beauty and magic of the present moment.

**The 10 principles**

Chapter 2



## The core values

Chapter 3



Value

## **BALANCE & PURPOSE**

This ethos encourages us to avoid extremes, understanding that both overindulgence and deprivation can impede our growth and hinder our pursuit of purpose. Instead, ikiGaia encourages us to steer our lives in a common direction, guided by a shared commitment to balance and sustainability. We are motivated to evolve consciously, growing in ways that promote both personal fulfillment and ecological health. The principle of harmony without reduction challenges us to find equilibrium in our lives, not by drastically reducing our technology or consumption, but by using them responsibly and mindfully. In this way, we can maintain a high standard of living while also ensuring the sustainability of our planet.

**The core values**

Chapter 3



Value

## **DONE IS BETTER THAN PERFECT**

Completion outweighs perfection - it encourages us to embrace the richness of shared knowledge and imperfection, recognizing that our collective wisdom enhances when we share, even when we consider our knowledge imperfect or incomplete. For instance, it is often more beneficial to have five projects completed to 80% than to spend all our energy perfecting one project to 100%. The idea urges us to focus on gaining practical experience, as wisdom emerges not merely from theory but from the real-world application of our skills. It teaches us to fail smart, learning from our missteps, iterating, and improving, solidifying the belief that striving for continuous progress is far more productive than seeking unattainable perfection.

**The core values**

Chapter 3



Value

## SCIENTIFIC METHOD

The scientific method is a powerful tool for understanding our world, combining rigor and intuition to foster our collective growth. Its foundation lies in measurable experiments that provide quantifiable and repeatable evidence, grounding our knowledge in empirical truth. The scientific method also includes the importance of human emotion and intuition. "Reasoning with heart" embodies this idea, suggesting that our emotional responses can guide and enrich our scientific explorations. Ultimately, the scientific method is about incremental growth, with each experiment and discovery building on the last. It isn't about finding immediate, sweeping truths, but about gradually constructing a reliable model of our world through methodical investigation and open-hearted curiosity.

**The core values**

Chapter 3



Value

## CONSENT

Consent, a cornerstone of respect and personal autonomy, is context-specific and can be revoked anytime. It means that one-time permission for a specific act doesn't apply universally or indefinitely. For example, a hug one day doesn't greenlight surprise physical contact the next. In intimate contexts, agreeing to one act doesn't automatically approve others. Consent also applies beyond interpersonal interactions. Additionally, explicit permission should be sought before taking photographs or videos and especially before sharing them online or using them commercially. Remember, genuine consent should always be informed, voluntary, and specific.

**The core values**

Chapter 3

Value

## CONSENT

Because of the importance of Consent, as it beyond intimacy and encompasses many aspects of our interactions in ikiGaia please find below some additional information:

- Touch – Just because you hugged someone yesterday doesn't mean you can surprise them with a hug today. "Surprise contact" isn't always wanted, even if it's affectionate.
- Kink – Consent for one thing isn't consent for another. If I said you can spank me, that doesn't give you permission to grope me.
- Sex – Consent can be revoked once it's been given.
- Gifts – Disclose what is in your gifts, even if it's just essential oils. Some people have sensitivities or allergies.
- Foods – Disclose the ingredients, as one person's innocuous ingredient can be someone else's allergy.
- Photography – Ask before taking pictures or video. Remember consent to take a picture or video is not consent to post it on your blog. And it's never consent to sell the photo or video or use it for any commercial purpose.



**The core values**

Chapter 3



- A reusable water bottle
- Your own personal cup
- Plates & cutlery
- Cutting knives
- Food & beverages
- Mouth & Nose Mask (for ShitNinjas)
- Sunscreen/sunblock & sunglasses
- Warm clothing FOR NIGHT
- Hand sanitizer
- Towel
- Shampoo/ Conditioner/ Soap (organic)
- Toiletries
- Garbage and recycling bags
- Tools to clean up your campsite
- Flashlights (headlamps are useful)
- A good camp tent or other shelter
- Sleeping bags and bedding
- Portable ashtrays if you smoke
- Prescription medicine
- Contact lens supplies



## How to survive

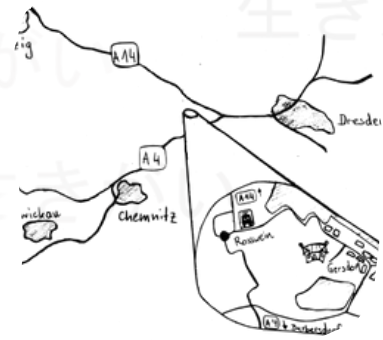
Checklist



## ADDRESS

Cooperative Schloß Gersdorf  
Gersdorf 23  
09661 Striegistal  
Telephone: 034322 / 661796

[Google Map link](#)



**How to arrive**

Maps



## BY CAR OR VAN

If you arrive by car and sat nav, please type in: "Striegistal" for the location, "Gersdorf" for the street and "23" for the house number. THIS ONLY WORKS WITH A FRESH UPDATE! If your device isn't that fresh, please type in "Tiefenbach" for the location - and not "Striegistal".



## BY TRAIN OR BUS

The train runs from the direction of Leipzig only to Döbeln. Then take bus line 750 and get off at the Rosswein / Wolfstal stop (drives every hour). Then it's time for a hike (15min uphill): Cross the bridge over the Mulde and walk up the steepest path ("Postweg"). Always straight up. Then you arrive in Gersdorf. Always straight out of the forest, down the small asphalt road straight down at the post box and you're already there. The track is nice but muddy in wet weather.

**[Dresden Nossen timetable link](#)**

**[DB timetable link](#)**

**How to arrive**

Maps

## LOCATION RULES

#1 Respect the house: Other people live on grounds in the house including children. Please respect their privacy and their home. No smoking inside.

#2 No nudity unless in specified areas due to the presence of children.

#3 Fire Safety: Camping stoves are allowed outside.

#4 Dogs are only permitted, if leashed and with a responsible person.

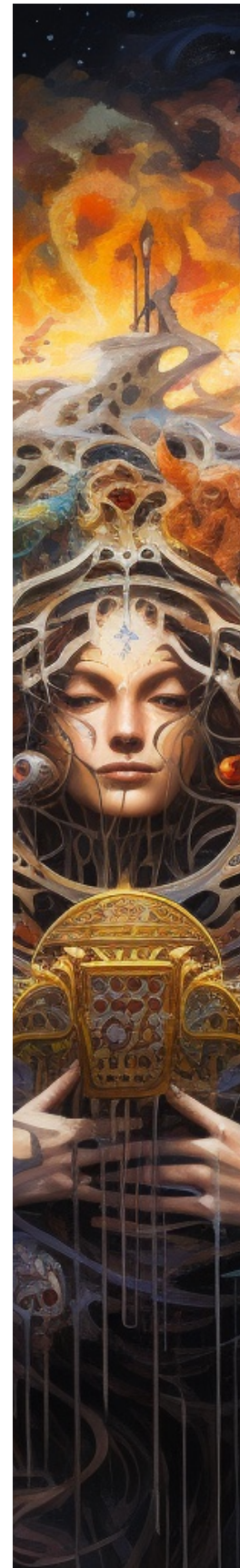
#5 Respect the Neighbors. Do not enter neighbors grounds when exploring the forest.

#6 Bring your trash back Radical LNT: Please take all your trash with you!

#7 Parking & Camping only in the designated areas.

#8 Showers are provided outdoors - please leave impeccably clean when you are done.

#9 Sauna: Join the "team sauna", if you want to use the sauna. Bring towels and all you need to sauna



**How to behave**

Rules



## LOCATION RULES

#10 Toilets : Compostable toilets are outside and use sawdust. Please make sure to separate liquids and non-liquids. Please leave the toilet clean.

#11 Communal Kitchen: you may use the communal kitchen but everything must be washed, dried and put away after each meal

#12 OTHER THAN THAT HAVE FUN!!!

## How to behave

Rules



## VOLUNTEERING

### **Build - August 23.**

Help us build, decorate, cook for the builders, put up lighting, get the DJ booth ready, get the toilets ready.

### **ikiGaia - August 24.-27.**

- Participate actively in the workshops or even propose a workshop
- Sign up for the many volunteering roles
- Be welcoming and friendly to all - Radical acceptance !
- Have fun !
- Leave no Trace when you leave

### **Strike - August 28.**

Help us remove decorations & lighting, clean up any MOOP (Matter out of place), make sure we leave the place like we left it

**How to support**  
Support

**At this purpose summit we will explore the notions of Ikigai, along with Gaia, being the understanding that we are all connected. We can all help each other achieve our goals.**



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Inform yourself  
on Telegram



Co-organize  
on Telegram



Contact via email  
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